

Shoes : Men's/Women's Sizing Conversions

Women's shoes are made on a narrower last (the foot-shaped form used in making shoes) than men's. In addition, the heel on a woman's shoe is narrower than the forefoot width. Men's shoes have the same width at the forefoot and heel. The medium width for women's shoes is B, while the medium width for men's shoes is D.

Women can wear men's shoes by converting their size to men's by subtracting 1.5 from their numeric size. For example, if you are a size 8 in women's, you would try a 6.5 in men's sizes. This is a loose conversion and doesn't change the difference in width and forefoot-to-heel ratios.

Size Conversion

Women's converts to Men's

5	3.5
5.5	4
6	4.5
6.5	5
7	5.5
7.5	6
8	6.5
8.5	7
9	7.5
9.5	8

Women's converts to Men's

10	8.5
10.5	9
11	9.5
11.5	10
12	10.5
12.5	11
13	11.5
13.5	12
14	12.5
14.5	13